


January

Sunshine Projects Monthly Online Class Schedule

2025



Inspire and Be Inspired
www.sunshineprojects.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			 <i>No classes Today</i>	10AM Cardio Dance 6:00PM Spotlight & speeches. w/Max. * 07:30PM: Get Shreded! w/Simon *	10AM Calming Yoga with Rachael 4:30 PM Karaoke Friday	Keep exercising!! Go for a walk and log your steps!! 
5	6	7	8	9	10	11
5:00 PM Movie Night 07:30PM Magical Moments A Disney Prince and Princess Reunion W/Max*	10AM Acting out 5:00PM Dance Empower w/Pau 6:00PM Let's Make A Musical Theatre w/Max* (Begins). 7:30PM Online Gameshow Night Jeopardy. W/Max*	10AM Share-a-skill 4PM Just Dance 6:00PM Music Live! With Aren. 07:00PM: The Night of the Museum Film Study! W/Sean*	10AM Fusion Yoga with Rachael 5:00PM All Star Chefs Cooking Club 6:30PM Safari Session 1: Ocean Adventures W/Max. (Begins) 7:30PM Ukulele.	10AM Cardio Dance 4:30PM Visual Expressions W/ Eliana 6:00PM Spotlight & speeches. W/Max. 07:30PM: Get Shreded! W/Simon *	10AM Calming Yoga with Rachael 4:30 PM Karaoke Friday.	Have fun! Go out and walk. 
12	13	14	15	16	17	18
07:30PM Magical Moments A Disney Prince and Princess Reunion W/Max*	10AM Acting out 5:00PM Dance Empower w/Pau 6:00PM Let's Make A Musical Theatre w/Max* 7:30PM Online Gameshow Night Jeopardy. W/Max*	10AM Share-a-skill 4PM Just Dance 6:00PM Music Live! With Aren. 07:00PM: The Night of the Museum Film Study! W/Sean*	10AM Fusion Yoga with Rachael 5:00PM All Star Chefs Cooking Club 6:30PM Safari Session 1: Ocean Adventures W/Max. 7:30PM Ukulele.	10AM Cardio Dance 4:30PM Recycled Art Projects w/Eliana 6:00PM Spotlight & speeches w/Max. 07:30PM: Get Shreded! W/Simon*	10AM Calming Yoga with Rachael 4:30 PM Karaoke Friday.	Enjoy your day! 
19	20	21	22	23	24	25
07:30PM Magical Moments A Disney Prince and Princess Reunion W/Max*	10AM Acting out 5:00PM Dance Empower w/Pau 6:00PM Let's Make A Musical Theatre w/Max* 7:30PM Online Gameshow Night Jeopardy. W/Max*	10AM Share-a-skill 4PM Just Dance 6:00PM Music Live! With Aren. 07:00PM: The Night of the Museum Film Study! W/Sean* (Performance)	10AM Fusion Yoga with Rachael 5:00PM All Star Chefs Cooking Club 6:30PM Safari Session 1: Ocean Adventures W/Max. 7:30PM Ukulele.	10AM Cardio Dance 4:30 PM Crafty Rhythms w/ Eliana 6:00PM Spotlight & speeches W/Max. 07:30PM: Get Shreded! W/Simon. *	10AM Calming Yoga with Rachael 4:30 PM Karaoke Friday.	Spend time with your family! 
26	27	28	29	30	31	
07:30PM Magical Moments A Disney Prince and Princess Reunion W/Max*	10AM Acting out 5:00PM Dance Empower w/Pau 6:00PM Let's Make A Musical Theatre w/Max* 7:30PM Online Bingo Night W/Max*	10AM Share-a-skill 4PM Just Dance 6:00PM Music Live! With Aren.	10AM Fusion Yoga with Rachael 5:00PM All Star Chefs Cooking Club 6:30PM Safari Session 1: Ocean Adventures W/Max. 7:30PM Ukulele.	10AM Cardio Dance 4:30PM Mixed Media Art W/ Eliana 6:00PM Spotlight & speeches W/Max. 07:30PM: Get Shreded! W/Simon. *	10AM Calming Yoga with Rachael 4:30 PM Karaoke Friday.	We love you 

*Theater Camp

