

November

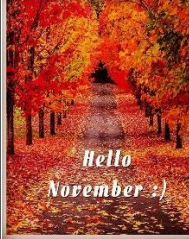









Sunshine Projects Monthly Online Class Schedule

2024



Inspire and Be Inspired

www.sunshineprojects.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10AM Calming Yogawith Rachael 4:30 PM Karaoke Friday	2 Keep exercising!! Go for a walk and log your steps!! 
3 6:00 PM Movie Night 07:30 PM Magical Moments A Disney Prince and Princess Reunion W/Max*	4 10AM Improv 5:00PM Dance w/Pau 6:00PM L.M.A.M/W Max* 7:30PM Online Gameshow Night Jeopardy. W/Max	5 10AM Share-a-skill 4PM Just-Dance 6:00PM Music Live! With Aren. 07:00PM: The Night of the Museum Film Study! W/Sean (Begins)*	6 10AM Fusion Yoga with Rachael 5:00PM All Star Chefs Cooking Club 6:30PM Friendly Feud W/Max (Begins)* 7:30PM Ukulele.	7 10AM Cardio Dance 3:00PM Arts & Crafts with Eliana&Tati 6:00PM Spotlight & speeches. W/Max.	8 10AM Calming Yogawith Rachael 4:30 PM Karaoke Friday.	9 Have fun! Go out and walk. 
10 07:30 PM Magical Moments A Disney Prince and Princess Reunion W/Max*	11 10AM Improv 5:00PM Dance w/Pau 6:00PM L.M.A.M/W Max* 7:30PM Online Gameshow Night Jeopardy. W/Max	12 10AM Share-a-skill 4PM Just-Dance 6:00PM Music Live! With Aren. 07:00PM: The Night of the Museum Film Study! W/Sean*	13 10AM Fusion Yoga with Rachael 5:00PM All Star Chefs Cooking Club 6:30PM Friendly Feud W/Max. 7:30PM Ukulele.	14 10AM Cardio Dance 3:00PM Arts&Crafts w/Eliana&Tati 6:00PM Spotlight & speeches W/Max. 07:30PM: Get Shreked! W/Simon. (Begins)*	15 10AM Calming Yogawith Rachael 4:30 PM Karaoke Friday.	16 Enjoy your day! 
17 07:30 PM Magical Moments A Disney Prince and Princess Reunion W/Max*	18 10AM Improv 5:00PM Dance w/Pau 6:00PM L.M.A.M/W Max* 7:30PM Online Gameshow Night Jeopardy. W/ Max	19 10AM Share-a-skill 4PM Just-Dance 6:00PM Music Live! With Aren. 07:00PM: The Night of the Museum Film Study! W/Sean*	20 10AM Fusion Yoga with Rachael 5:00PM All Star Chefs Cooking Club 6:30PM Friendly Feud W/Max. 7:30PM Ukulele.	21 10AM Cardio Dance 3:00PM Arts & Crafts with Eliana&Tati 6:00PM Spotlight & speeches W/Max. 07:30PM: Get Shreked! W/Simon. *	22 10AM Calming Yogawith Rachael 4:30 PM Karaoke Friday.	23 Spend time with your family! 
24 07:30 PM Magical Moments A Disney Prince and Princess Reunion W/Max*	25 10AM Improv 5:00PM Dance w/Pau 6:00PM L.M.A.M/W Max* 7:30PM Online Bingo Night W/ Max	26 10AM Share-a-skill 4PM Just-Dance 6:00PM Music Live! With Aren. 07:00PM: The Night of the Museum Film Study! W/Sean*	27 10AM Fusion Yoga with Rachael 5:00PM All Star Chefs Cooking Club 6:30PM Friendly Feud W/Max. 7:30PM Ukulele.	28  *No online classes!	29 10AM Calming Yogawith Rachael 4:30 PM Karaoke Friday.	30 We love you 

*Theater Camp

